

Mitera HMO Corporate Plans



Consultation coverage							
PLAN NAME & PRICING (PER ANNUM)	MiShield	MiGem	MiCrystal	MiPlatinum	MiElite		
INDIVIDUAL	74,400.00	98,400.00	186,000.00	320,000.00	550,000.00		
FAMILY	367,200.00	516,000.00	930,000.00	1,600,000.00	2,700,000.00		
MINIMUM NUMBER OF PRINCIPALS							
• REQUIRED TO ACTIVATE EACH PLAN	20	20	20	20	20		
BENEFITS							
HOSPITAL TIER(S)	BAND D	BAND C AND D	BAND B,C AND D	BAND A,B,C AND D	BAND A+, A, B, C AND D		
TOTAL BENEFIT LIMITS PER ANNUM (NAIRA);							
NOT TRANSFERABLE	2,000,000.00	3,500,000.00	5,000,000.00	7,000,000.00	10,000,000.00		
GENERAL CONSULTATION	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED		
Treatment of basic outpatient and in-patient cases	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
SPECIALIST CONSULTATION	UNLIMITED	UNLIMITED	UNLIMITED		UNLIMITED		
· Obstetrician	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
· Gynaecologist	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
· Pediatrician	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
· General Surgeon	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
Cardiothoracic Surgeon	✓	\checkmark	\checkmark	\checkmark	\checkmark		
· Neurosurgeon	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
ENT Surgeon (Otorhinolaryngologist)		V	V	\checkmark	\checkmark		
· Urologist		\checkmark	\checkmark	\checkmark	\checkmark		
Orthopedic Surgeon		\checkmark	V	V	V		
Gastroenterologist Cardiologist		V	V	V	V		
Veurologist		V v	V V	V v	V ./		
Nephrologist		V V	V V	V V	V V		
· Psychiatrist	$\overline{\checkmark}$	\checkmark	\checkmark	\checkmark	\checkmark		
• Neonatologist	$\overline{\checkmark}$	\checkmark	\checkmark	\checkmark	\checkmark		
· Dermatologist	$\overline{\checkmark}$	\checkmark	\checkmark	\checkmark	\checkmark		
Dietician/Nutritionist	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
Pulmonologist/Respiratory Physician	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
· Hematologist	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
· Oncologist	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
	1	\checkmark	\checkmark	\checkmark	\checkmark		
· Pathologist	\checkmark	V	-	-			
Pathologist Endocrinologist	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
			\checkmark	\checkmark	\checkmark		

ACCESS TO FREE TELEMEDICINE APP	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED
 Free chats with qualified and certified Doctors when in need of care during any medical emergency Free chats with qualified and certified 	✓	\checkmark	\checkmark	 ✓ 	√
Doctors when in need of any routine medical information	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Free drug Pick-up after concluding chats with qualified and certified Doctors at designated Pharmacies	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
GPS-enabled access to hospital directories when hospital information is needed	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Free Telemedicine app with details of all covered benefits on the scheme	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

ACCIDENT AND EMERGENCY CARE	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED
Resuscitative care for accident and emergency cases, including basic radiological and laboratory investigations needed to stabilize	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

patient before being moved to the ICU if need be.

BASIC DIAGNOSTIC IMAGING	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED
	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Chest X-Rays		•	•	•	• • • • • • • • • • • • • • • • • • •
Abdominal X-Rays	✓	\checkmark	\checkmark	\checkmark	\checkmark
Limbs(Hand,Forearm,Upper arm,Thigh		/	/		/
and Leg) X-rays	V	V	V	V	V
Neck X-rays	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Sinus X-rays	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Mastoid X-rays	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Cervical Spine X-rays	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Skull X-rays	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Pelvic X-rays	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Thoracic Inlet X-rays	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Thoraco-Lumbar X-rays	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Lumbosacral X-Rays	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Mandibles/Temporomandibular Joint		/	1	/	1
X-Rays	V	V	V	V	\checkmark
X-rays of All Body Joints	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Routine Ultrasound Scans (Obstetrics;					
Abdominal, Pelvic, Abdominopelvic,					
Breast, Testicular/Scrotal, Thyroid,	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Prostate, Bladder, and Brain					
Ultrasound Scans)					

ADVANCED DIAGNOSTIC IMAGING

•	Doppler Ultrasound Scan	NOT COVERED	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSION PER ANNUM)
•	ECG (PRE AND POST EXERCISE)	COVERED	COVERED	COVERED	COVERED	COVERED
•	CT Scan	COVERED (1 SESSION PER ANNUM)	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (3 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	MRI	COVERED (1 SESSION PER ANNUM)	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (3 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Echocardiography	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (3 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Proctoscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Sigmoidoscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Upper GI Endoscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Endoscopic Ultrasound	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Endoscopic retrograde	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
	cholangiopancreatography (ERCP)					
•	Enteroscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Gastroscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Colonoscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Laryngoscopy (Direct and Indirect)	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Bronchoscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Thoracoscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Hysteroscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Cystoscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Laparoscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)
•	Arthroscopy	NOT COVERED	NOT COVERED	COVERED (1 SESSION PER ANNUM)	COVERED (2 SESSIONS PER ANNUM)	COVERED (4 SESSIONS PER ANNUM)

BASIC DIAGNOSTIC IMAGING	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED
Hemoglobin (HB)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Packed Cell Volume (PCV)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
White cell count (Total and Differential)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Full Blood Count and differentials (FBC)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
White Blood Cell count	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Red Blood Cell/Reticulocyte count	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Grouping and Cross Matching	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Genotype (on request by clinician)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Blood group (on request by clinician)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Erythrocyte Sedimentation Rate (ESR)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• MCHC	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• MCH	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• MCV	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Blood Film	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Blood Pregnancy (Beta HCG) Test	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

· CHEMISTRY INVESTIGATIONS	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED
Fasting Blood Sugar	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Random Blood Sugar	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
2 Hours Post-prandial Blood Sugar	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Oral Glucose Tolerance Test (OGTT)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Glucose Challenge Test	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Electrolytes, Urea and Creatinine	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Lipid Profile (Fasting) (Cholesterol, HDL,				. /	
LDL, Triglyceride Profile)	V	V	V	V	V
Liver Function Test (LFT)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Sodium	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Calcium	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Magnesium	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Potasium	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Lithium	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Chloride	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Bicarbonate	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Alkaline Phosphate	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Acid Phosphate	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Inorganic Phosphate	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Bilirubin (Total and Direct)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Albumin	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Lactate Dehydrogenase	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Gamma Glutamyl Transferase	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Prothrombin time (PT/INR)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Urine Pregnancy Test	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

MICROBIOLOGY AND PARASITOLOGY

Malaria Parasite (MP)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Urine M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Endocervical Swab (ECS) M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
High Vaginal Swab (HVS) M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Urethral Swab M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Throat Swab M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Ear Swab M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Wound Swab M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Eye Swab M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Sputum M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Aspirates M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Stool M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

VDRL (Veneral Disease Research Laboratory) Test	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• H.Pylori	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Trypanosomes screening	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Toxoplasma Screening	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Skin Snip for Microfilaria	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Skin Scraping for Fungi	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Leishmania Screening	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Mantoux/Heaf's Test	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Blood Culture	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Stool Occult Blood	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

· ADVANCED LABORATORY INVESTIGATIONS/PATHOLOGY

Blood urea Nitrogen	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Hepatitis B Surface Antigen (HBSAg)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• (HBA1C)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Hepatitis C Screening	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Hepatitis B Screening	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
HIV Screening	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
HIV Confirmatory Test	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
G-6PD Screening	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Thyroid Function Tests	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Uric Acid	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Creatinine phosphokinase	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Syphilis Screening	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum immunoglobulins/Antibodies	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Immunofluorescence assay	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
QBC Malaria Concentration And	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Fluorescent Staining	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Pap Smear and Cytology	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Prostate Specific Antigen	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Protein Electrophoresis	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
CSF M/C/S (CSF Analysis)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Semen M/C/S	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Serum Creatinine Phosphokinase	√	\checkmark	\checkmark	\checkmark	\checkmark
Serum Iron	✓	\checkmark	\checkmark	\checkmark	\checkmark
24 Hour Creatinine Clearance	✓	\checkmark	\checkmark	\checkmark	\checkmark
Coomb's Test (Indirect)		\checkmark	\checkmark	\checkmark	\checkmark
Coomb's Test (Direct)		V	V	V	\checkmark
Osmotic Fragility Test	√	V	V	V	V
Chlamydia Screening	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

•	Seminal Fluid Analysis (SFA)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
•	Clotting Time	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
•	Bleeding Time	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
•	D-Dimer	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
•	Sputum Acid Fast Bacilli (AFB) Test	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

ADMISSIONS AND ACCOMMODATION

•	Feeding for enrollees on admission	COVERED	COVERED	COVERED	COVERED	COVERED
•	Hospital Ward Care	COVERED (GENERAL WARD ONLY)	COVERED (SEMI-PRIVATE WARD)	COVERED (PRIVATE WARD)	COVERED (PRIVATE WARD)	COVERED (PRIVATE WARD)
•	Skilled medical and paramedical	COVERED	COVERED	COVERED	COVERED	COVERED
	services					
•	Supply of prescribed	COVERED	COVERED	COVERED	COVERED	COVERED
	intravenous/intramuscular, oral and					
	topical drugs					
•	Supply of all medical and surgical	COVERED	COVERED	COVERED	COVERED	COVERED
	consumables					
•	Blood grouping, cross matching, and	COVERED	COVERED	COVERED	COVERED	COVERED
	transfusion					
•	Accommodation for in-patient care	COVERED	COVERED	COVERED	COVERED	COVERED
•	Accommodation for parents/relatives	COVERED (FOR 24 HOURS; LIMITED	COVERED (FOR 48 HOURS; LIMITED	COVERED (FOR 48 HOURS; LIMITED TO	COVERED (FOR 48 HOURS; LIMITED TO	COVERED (FOR 5 DAYS PER ANNUMS;
	of patients on admission (Excludes	TO ICU AND NEONATAL CARE ONLY	TO ICU AND NEONATAL CARE ONLY	ICU AND NEONATAL CARE ONLY	ICU AND NEONATAL CARE ONLY	LIMITED TO ICU AND NEONATAL CARE
	feeding for parents/relatives)					ONLY

INTENSIVE CARE

•	ICU and ICU-related Care	COVERED (FOR 24	COVERED (FOR 48	COVERED (FOR 72	COVERED (FOR 7 Days)	COVERED (FOR 10 Days)
		HOURS)	HOURS)	HOURS)		

EYE/OPTICAL CARE

•	Specialist Opthalmologist Consultation	COVERED	COVERED	COVERED	COVERED	COVERED
•	0	COVERED	COVERED	COVERED	COVERED	COVERED
•	Basic ocular tests	COVERED	COVERED	COVERED	COVERED	COVERED
	(Tonometry/Intra-Ocular Pressure,					
	Refraction, Fundoscopy, Pachymetry, and					
	Slit Lamp)					
•	Advanced Ocular tests (Central Visual	NOT COVERED	NOT COVERED	COVERED;1SESSION	COVERED; 2 SESSIONS	COVERED; 3 SESSIONS
	Field, Indirect Opthalmoscopy, Depth			EACH PER ANNUM	EACH PER ANNUM	EACH PER ANNUM
	Perception Test, Shirmer's Tear Test,					
	Amsler Test, Retina Photography, OCT					
	Scan, A Scan, B Scan)					
•	Lenses and Frames (Including Contact	COVERED (UP TO 10,	COVERED (UP TO	COVERED (UP TO	COVERED (UP TO	COVERED (UP TO
	lenses)	000 ANNUAL LIMIT)	15,000 ANNUAL LIMIT)	30,000 ANNUAL LIMIT)	40,,000 ANNUAL LIMIT)	60,,000 ANNUAL LIMIT)

DENTAL CARE

•	Specialist Consultation					
•	Routine dental examination					
•	Preventive dental care and counselling					
•	Dental pain therapy					
•	Pharmacological treatment of acute and					
	chronic dental infections					
•	Access to prescribed drugs	ALL DENTAL CARE				
•	Surgical extraction	COVERED UP TO	COVERED UP TO	COVERED UP TO	COVEREDUPTO	COVERED UP TO
•	Non-surgical extraction	ANNUAL LIMIT OF				
•	Root Canal Therapy	15,000 NAIRA	30,000 NAIRA	75,000 NAIRA	100,000 NAIRA	150,000 NAIRA
•	Scaling and Polishing					
•	Operculectomy					
•	Gingival Curettage					
•	Composite Filling					
•	Amalgam Filling					
•	Incision and Drainage					

PHYSIOTHERAPY CARE

•	Specialist Consultation	COVERED	COVERED	COVERED	COVERED	COVERED
•	Routine fitness examination	COVERED	COVERED	COVERED	COVERED	COVERED
•	Preventive Counselling on referral	COVERED	COVERED	COVERED	COVERED	COVERED
•	Cervical Collar and Crutches	NOT COVERED	COVERED	COVERED	COVERED	COVERED
•	Walker	NOT COVERED	NOT COVERED	COVERED	COVERED	COVERED
•	Pain therapy	COVERED	COVERED	COVERED	COVERED	COVERED
•	Access to prescribed drug	COVERED	COVERED	COVERED	COVERED	COVERED
•	Number of Sessions Covered	7 Sessions per annum	10 Sessions per annum	15 Sessions per annum	25 Sessions per annum	30 Sessions per annum

ОВ	STETRICS CARE	(FOR FAMILY PLAN HOLDERS AND INDIVIDUAL PLAN HOLDERS WITH COMPANY PRINCIPALS ≥ 30)	(FOR FAMILY PLAN HOLDERS AND INDIVIDUAL PLAN HOLDERS WITH COMPANY PRINCIPALS≥ 30)	(FOR FAMILY PLAN HOLDERS AND INDIVIDUAL PLAN HOLDERS WITH COMPANY PRINCIPALS ≥ 30)	(FOR FAMILY PLAN HOLDERS AND INDIVIDUAL PLAN HOLDERS WITH COMPANY PRINCIPALS ≥ 30)	(FOR FAMILY PLAN HOLDERS AND INDIVIDUAL PLAN HOLDERS WITH COMPANY PRINCIPALS ≥ 30)
•	Antenatal Care (INCLUDING ALL					
	SPECIALIST CARE AND ANC DRUGS)					
•	Delivery (SVD/NORMAL and					
	COMPLICATED)	COVERED;	COVERED;	COVERED;	COVERED;	COVERED;
•	Delivery (MULTIPLE)	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED
•	Assisted Delivery					
•	Therapeutic Abortion (Manual					
	Vacuum Aspiration)					
•	CAESARIAN SECTION					

INFERTILITY CARE • Fertility Specialist Consultation and COVERED (1 SESSION ONLY) Counselling Fertility Investigations NOT COVERED (TPA) COVERED (UP TO 30,000 COVERED (UP TO 60,000 COVERED (UP TO 100,000 COVERED (UP TO 150,000 • NAIRA LIMIT) NAIRA LIMIT) NAIRA LIMIT) NAIRA LIMIT)

INCUBAT	OR CARE					
• Neon	atal / Special Baby Care Unit	COVERED (FOR 48 HOURS)	COVERED (FOR 5 DAYS)	COVERED (FOR 10 DAYS)	COVERED (FOR 21 DAYS)	COVERED (FOR 30 DAYS)
NPHMMU	INIZATION (0-5 YEARS)					
• BCG		\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• OPV/	IPV	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• PENT	AVALENT	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• HEPA	TITISB	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• DPT		\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• VITAN	/IN A	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• MEAS	SLES	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• YELL	OW FEVER	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
ADDITIO	NAL IMMUNIZATION (0-5 YEAF	RS)				
	KEN POX	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
	NGITIS	NOT COVERED	\checkmark	\mathbf{A}	\checkmark	\checkmark
• MMR		\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
• PNEL	IMOCOCCAL	NOT COVERED	NOT COVERED	\checkmark	\checkmark	\checkmark
• ROTA	VIRUS	NOT COVERED	NOT COVERED	\checkmark	\checkmark	↓↓
ADDITIO	NAL IMMUNIZATION (6 YEARS	AND ABOVE)				
		./	1	1	1	1
• HEPA	TITISB	V	V	V	V	V
• YELL	OW FEVER	NOT COVERED	V	V	V	V
• MENI	NGITIS	NOT COVERED	\checkmark	\checkmark	\checkmark	\checkmark
CARE FO	R THE NEWBORN					
Care	for babies actively on the plan	COVERED	COVERED	COVERED	COVERED	COVERED
Care	for babies NOT actively on the plan	COVERED UP TO 30,000	COVERED UP TO 40,000	COVERED UP TO 50,000	COVERED UP TO 60,000	COVERED UP TO
(Expi	res after 6 weeks of life)	NAIRA LIMIT	NAIRA LIMIT	NAIRA LIMIT	NAIRA LIMIT	100,000 NAIRA LIMI
FAMILY P	LANNING					
• Copp	er T Intrauterine Device	NOT COVERED	\checkmark	\checkmark	\checkmark	\checkmark
	ibles (Depo Provera, Noristerat)	NOT COVERED	\checkmark	\checkmark	\checkmark	\checkmark
	aceptive pills		▼ √	• ./	• •	\checkmark
	le implant			• •	• •	\checkmark
• Impla		NOT COVERED	NOT COVERED	▼ √	▼ √	v √
	ant	NOT COVERED	NOTCOVERED	•	•	•

GY	м					
·	Access to gyms for regular exercise	NOT COVERED	COVERED (1 SESSION PER WEEK)	COVERED (2 SESSIONS PER WEEK)	COVERED (3 SESSIONS PER WEEK)	COVERED (4 SESSIONS PER WEEK)
SPA	A					
•	Facials	NOT COVERED	EITHER OF FACIALS OR BODY MASSAGE	COVERED (1 SESSION PER YEAR)	COVERED (1 SESSION PER YEAR)	COVERED (1 SESSION PER YEAR)
•	Body Massage	NOT COVERED	COVERED	COVERED (1 SESSION PER YEAR)	COVERED (2 SESSION PER YEAR)	COVERED (2 SESSION PER YEAR)
SU	RGERIES					
• • •	MINOR SURGERIES INTERMEDIATE SURGERIES MAJOR SURGERIES	COVERED UP TO 200,000 NAIRA PER ANNUM	COVERED UP TO 400,000 NAIRA PER ANNUM	COVERED UP TO 1,000,000 NAIRA PER ANNUM	COVERED UP TO 2,000,000 NAIRA PER ANNUM	COVERED UP TO 3,000,000 NAIRA PER ANNUM
CAN	NCER CARE					
• • •	Oncologist/Cancer Specialist visits Oncological investigations Cancer-related Radiological investigations Surgical cancer care	ALL CANCER CARE COVERED UP TO 250,000 NAIRA PER ANNUM	ALL CANCER CARE COVERED UP TO 400,000 NAIRA PER ANNUM	ALL CANCER CARE COVERED UP TO 750,000 NAIRA PER ANNUM	ALL CANCER CARE COVERED UP TO 1,000,000 NAIRA PER ANNUM	ALL CANCER CARE COVERED UP TO 1,500,000 NAIRA PER ANNUM
•	Chemotherapy					
REN	NAL CARE (DIALYSIS)					
•	Dialysis and all related care	COVERED (2 SESSIONS PER YEAR)	COVERED (3 SESSIONS PER YEAR)	COVERED (4 SESSIONS PER YEAR)	COVERED (5 SESSIONS PER YEAR)	COVERED (7 SESSIONS PER YEAR)
WE	LLNESS CHECKS					
	BMICheck	\checkmark	\checkmark	\checkmark	\checkmark	✓
•	BMI Check General Physical Examination	\sim	✓ ✓	\checkmark	✓ ✓	✓ ✓
•		\checkmark	✓ ✓ ✓	✓ ✓ ✓	✓ ✓ ✓	✓ ✓ ✓
	General Physical Examination Blood Pressure Check (Hypertension	\checkmark	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓
•	General Physical Examination Blood Pressure Check (Hypertension Screening) Blood Sugar Check (Diabetes	$ \begin{array}{c} \checkmark \\ \checkmark \\$	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓
•	General Physical Examination Blood Pressure Check (Hypertension Screening) Blood Sugar Check (Diabetes Screening)	\checkmark				\checkmark
· · ·	General Physical ExaminationBlood Pressure Check (HypertensionScreening)Blood Sugar Check (DiabetesScreening)Blood Cholesterol CheckAnnual Visual Acuity Check (Using	✓ ✓ ✓ ✓ ✓ ✓ NOT COVERED	✓ ✓ ✓ ✓ ✓ ✓	\checkmark	\checkmark	\checkmark
· · ·	General Physical ExaminationBlood Pressure Check (HypertensionScreening)Blood Sugar Check (DiabetesScreening)Blood Cholesterol CheckAnnual Visual Acuity Check (UsingSnellen Chart)Mammography (For Women ≥ 40 years)	✓ ✓ ✓ ✓ ✓ MOT COVERED				
·	General Physical ExaminationBlood Pressure Check (HypertensionScreening)Blood Sugar Check (DiabetesScreening)Blood Cholesterol CheckAnnual Visual Acuity Check (UsingSnellen Chart)Mammography (For Women ≥ 40 yearsof age)	✓ ✓ ✓ ✓ ✓ MOT COVERED				
· · · · · ·	General Physical ExaminationBlood Pressure Check (HypertensionScreening)Blood Sugar Check (DiabetesScreening)Blood Cholesterol CheckAnnual Visual Acuity Check (UsingSnellen Chart)Mammography (For Women ≥ 40 yearsof age)Pap Smear	 ✓ ✓ ✓ ✓ ✓ NOT COVERED ✓ ✓ NOT COVERED ✓ ✓ NOT COVERED 				
·	General Physical ExaminationBlood Pressure Check (HypertensionScreening)Blood Sugar Check (DiabetesScreening)Blood Cholesterol CheckAnnual Visual Acuity Check (UsingSnellen Chart)Mammography (For Women ≥ 40 yearsof age)Pap SmearPSA Check (For Men ≥ 40 years of age)	\checkmark				
· · · · · · · ·	General Physical ExaminationBlood Pressure Check (HypertensionScreening)Blood Sugar Check (DiabetesScreening)Blood Cholesterol CheckAnnual Visual Acuity Check (UsingSnellen Chart)Mammography (For Women ≥ 40 yearsof age)Pap SmearPSA Check (For Men ≥ 40 years of age)Liver Function Test	NOT COVERED				

Movement of patients to and fro Hospital		COVERED (HOSPITAL TO HOSPITAL; ROADSIDE TO HOSPITAL)	COVERED (HOSPITAL TO HOSPITAL; ROADSIDE TO HOSPITAL)	COVERED (HOSPITAL TO HOSPITAL; ROADSIDE TO HOSPITAL; HOME TO HOSPITAL)	COVERED (HOSPITAL TO HOSPITAL; ROADSIDE TO HOSPITAL; HOME TO HOSPITAL)	COVERED (HOSPI TO HOSPITAL; ROADSIDE TO HOSPITAL;HOME HOSPITAL)
CHIATRY CARE						
Mental illness care with certified psychiatrists		COVERED (6 SESSIONS PER YEAR)	COVERED (8 SESSIONS PER YEAR)	COVERED (12 SESSIONS PER YEAR)	COVERED (12 SESSIONS PER YEAR)	COVERED (15 SESS PER YEAR)
CARE AND TREATME	INT					
Specialist Consulltation		\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Specialist Drug therapy Counselling Sessions		\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
KING SECOND OPINI	ON					
		\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Internationally Certified N	ledical and	NOT COVERED	NOT COVERED	COVERED; 1 CASE PER YEAR	COVERED; 2 CASES PER YEAR	COVERED; 4 CASES YEAR
TUARY SERVICES						
After-demise compensation		NOT COVERED	COVERED (UP TO 50,000 NAIRA LIMIT)	COVERED (UP TO 100,000 NAIRA LIMIT)	COVERED (UP TO 200,000 NAIRA LIMIT)	COVERED (UP T 400,000 NAIRA LII
(LIST	OF EXCLUSIOI	NS		
• N	ledical examinatior	ns, services and supplies	s. • ·	Obstetrics		
• A	dvanced surgeries		•	Overseas treatment		
• c	cosmetic services		•	Treatment, service or sup	plies considered not to	
		hodox or trado-medical			from covered methors	
				Treatment of newborns no		
	orce majeure	and high risk sports		weeks of birth		
• P	rofessional enorte					
	rofessional sports a Inesses of unknown		•	Treatment for sexual dysf	unction	
	and fro Hospital CHIATRY CARE Mental illness care with certified psychiatrists CARE AND TREATME Specialist ConsulItation Specialist Drug therapy Counselling Sessions CING SECOND OPINI Line of treatment confirm secondary and tertiary ca Line of treatment confirm Secondary and tertiary ca Line of treatment confirm Surgical Specialists Outsi TUARY SERVICES After-demise compensation	and fro Hospital CHIATRY CARE CHIATRY CARE Mental illness care with certified psychiatrists CARE AND TREATMENT Specialist Consulltation Specialist Consulltation Specialist Drug therapy Counselling Sessions CHING SECOND OPINION Line of treatment confirmation from secondary and tertiary care centres Line of treatment confirmation from Internationally Certified Medical and Surgical Specialists Outside Africa CTUARY SERVICES After-demise compensation Chieve Cosmetic services Cosm	Involvement of patients to and fro Hospital ROADSIDE TO HOSPITAL) CHIATRY CARE COVERED (6 SESSIONS PER YEAR) Mental illness care with certified psychiatrists COVERED (6 SESSIONS PER YEAR) Specialist Consultation Image: Consultation Specialist Drug therapy Specialist Consultation Image: Consultation Specialist Drug therapy Counselling Sessions Image: Consultation Specialist Drug therapy Surgical Specialists Outside Africa Image: Consultation Specialist Drug therapy TUARY SERVICES Image: Consultation Specialist Drug therapy After-demise compensation Image: Consultation Specialist Drug therapy Image: Consultation Specialist Drug therapy Specialist Drug therapy Specialist Drug therapy Counselling Session State Africa Image: Consultation Specialist Drug therapy Specialist	moderate of patients of and fro Hospital ROADSIDE TO HOSPITALJ ROADSIDE TO HOSPITALJ CHIATRY CARE COVERED (6 SESSIONE Certified psychiatrists COVERED (6 SESSIONE PER YEAR) COVERED (6 SESSIONE PER YEAR) COVERED (6 SESSIONE PER YEAR) Specialist Consultation Image: Comparison of the	Monotine to Judiania to and the Hospital ROADSRE TO HOSPITAL HOSPITAL HOSPITAL	Movementation PROJESSETO PROJESESESENE PROJESSETO PROJESS